



# New Beginnings

Center For Spiritual Living, Glendale

Vol VII - Issue 4: July-August 2014

Timeless traditions:

- Principles of Religious Science
- Teaching Science of Mind

## Awakening Humanity to Its Spiritual Magnificence

### Mission Statement:

To be a spiritual home which provides an Acceptance of Self, an Awareness of One, a Sense of Belonging, an Experience of Love, an Awakening to the Power Within and a Passion to Consciously use It.

Services are held at the  
First Congregational  
Church Chapel  
2001 Canada Blvd.  
North of Glendale College  
Between Wabasso & Hillside  
Convenient Parking

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The Center for Spiritual Living supports the positive transformation of both our personal lives and the world itself. At the Center for Spiritual Living, we teach people how to have a personal relationship with God. When we are deeply connected with Spirit, other areas of our lives fall into place —we can do more for others, be better stewards of the Earth, and bring more peace and harmony to the world.

The Center for Spiritual Living in Glendale is a member of the Centers for Spiritual Living: a worldwide organization of spiritual communities dedicated to awakening humanity to its spiritual magnificence.

*Theme for the Year: Living Wholeheartedly for God*

*Focus for the Season: Traveling Life's Journey*

*Thought for the Season:*

Expect the best; convert problems into opportunities;  
Be dissatisfied with the status quo; Focus on where you want to go, instead  
of where you're coming from; and most importantly,  
Decide to be happy, knowing it's an attitude,  
a habit gained from daily practice, and not a result or payoff.  
- Denis Waitley, *The Winner's Edge*

### Greetings from the Board of Trustees

Dear Friends,



Our last letter ended with the note, "Enjoy the journey!" One of the trademark concepts I have gleaned from this teaching over the years is that we need to enjoy the journey of life. There's an old adage, "No matter where you go ... there you are!" As we traverse the highways and byways of life, we are the common denominator in every experience.

Science of Mind teaches us that finding happiness along life's journey means developing an appreciation for all aspects - the ups and the downs. That does not necessarily mean that we are giddily happy each and every moment; but that we assess, adjust, and move on. And, happiness along the way cannot rely upon an ultimate achievement, goal or possession, because you never know exactly what lies ahead. Developing and maintaining a sense of gratitude along the way helps even out the unexpected bumps in the road.

There are no road maps or Google Maps handed out when we embark on our journey. What we have are a set of God-given tools: mind, body, emotions -- and a connection to the All One. It is up to us to learn how to use these tools to the best of our ability, avoid frustration, and fall in love with the experience of this "Thing Called Life."

Science of Mind study helps us recognize who we are and our relation to Spirit and helps to instill a deep sense of gratitude and patience. And, a sense of humor is always good to have when the road takes a hairpin turn.

Picture yourself in your mind's eye: a life traveler bound for parts unknown, with high expectations, a heart full of gratitude: metaphysical gear packed in knapsack and ready to go. But wait. How do you know which road to take when choices need to be made? Sure, you're ready to roll with the punches/go with the flow; but in which direction will you travel? A very important part of each unique journey is the requirement to make DECISIONS. M. Scott Peck, in his internationally renowned book, *The Road Less Traveled*, says that for people to reclaim their power, it is necessary to realize that "... the entirety of one's adult life is a series of personal choices, decisions. If they can accept this totally, then they become free people." So, in addition to the attitudes we carry in our emotional knapsack, our lifepath is governed by the decisions we make along the way.



Decisions we make about where we allow our feet to carry us and how we use the tools we have been provided will determine the DIMENSIONS of our journey. How often do we contemplate the *dimensions* of our life? *Science of Mind*, the text by esteemed author and teacher, Ernest Holmes, provides this definition: "Dimension is the relative extent of consciousness at which we have arrived on our journey. We begin with instinct and travel all the way to intuition ... Intuition is GOD IN MAN." (Emphasis added.) With that in mind, it follows that wise decision-making is assisted by developing a higher level of intuition -- or a closer connection with Indwelling Spirit.

Raymond Charles Barker, wrote a book with which you may be familiar, *The Power of Decision*, wherein he advises: "The Answer is Within ... You exist in and are a part of this originating universal Mind. All of Its law and order is instantly available to you." He provides the following treatment to help us tap into the benefits of using the "originating Mind of the cosmos."

There is one originating Intelligence, Mind, and Spirit, and I am Its action, Its outlet, and Its process of revealing Itself. It knows me as Itself, and I know myself as It. Therefore, I am never indecisive. I always have the right idea at the right time. Infinite Intelligence in me knows what to do, and this knowledge is mine at every instant. Original thinking pervades my consciousness, and I am correctly decisive regarding all matters. I know what I need to know at the instant I need to know it. The results of this correct knowing of original ideas bring forth new and improved situations in my life. For this I am glad."

And with that, I bid you once again to, "Enjoy the Journey!"

And please be sure your journey brings you occasionally to our loving spiritual Center!

With Love & Light,  
Colleen Caamaño,  
on behalf of the Board of Trustees, CSLG

# Meditation

## JUST DO IT.

Daily quiet calms your mind.  
Meditation:  
... improves your health.  
... gets you in touch with your inner wisdom and Higher Power.  
... develops self-discipline.  
... cultivates qualities of soul: compassion, generosity, courage, and faith.

from the book, *Lit from Within*  
by Victoria Moran



Birthdays

♡

JULY

16 - Carol Weiche  
20 - Edna Pascual  
22 - Jonathan Trip  
22 - Colleen Caamano

♡ ♡ ♡

AUGUST

8 - Robert Bower  
17 - Ricki Stambaugh

### Practitioners

Rev. Marilyn Jensen-Johnson,  
Pastor Emeritus

323-255-8835

Rev. Barbara Adams

818-244-5181

Rev. Meredith Gray

626-358-8188

Patricia Gilmore

Jonathan Trip

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# Who's Who on the Sunday Spirit Parade!

## Rev. Frank Fischer - July 13

Rev. Frank is currently staff minister at the Center for Spiritual Living- Los Angeles. He was licensed in 2003 by the National Center for Spiritual Living, Colorado and has been a licensed Practitioner in the teaching for over 25 years. In addition to his responsibilities at the Center he works as a Life Coach / Pastoral Advisor / Marriage and Memorial and Child Naming officiate for all Faiths.

In phase II of his career he began his tenure as a Registered Recovery Worker at a prominent Malibu rehab center, where in 2005, he worked a Client Coordinator, Resident Advisor, and Supervisor, liaising between doctors, clients, and family members. He had an integral role in developing and delivering client counseling.

And, as a TV Producer Frank has supervised many well-known shows and movies.

Throughout his career, he has remained a student of the World's Spiritual philosophies and religions, believing that Truth and Love are Universal Principles and this credo influences the work he chooses today.

We look forward to hearing Rev. Frank's inspiring, informative and entertaining message.

## Rev. Edward Brown - July 20

Rev. Edward's main objective is to focus on providing service to all, and to be of a greater service to his center, Center for Spiritual Living, Los Angeles. He served as Associate Minister under Rev. Tom Bashum, Los Angeles Third Church of Religious Science, and subsequently started his own church, the Crenshaw Church of Religious Science in 1982.

In 1990 he joined Los Angeles Church of Religious Science; as a Religious Science Practitioner under Dr. David Walker, and continues to serve as a Staff Minister, under the leadership of Rev. John McLean. Rev. Edward studied with Dr. Bitzer, Dr. Turner, Rev. Tom Bashum, Dr. Tom Johnson, Dr. Walker, and currently with Rev. John McLean.

We are honored to welcome Rev. Edward to our Glendale Center!

Guest Speaker - Spotlight

## Rev. Susan Heartlight - August 10

Rev. Susan Heartlight is a loving woman whose delight is to assist people in recognizing the greatness within themselves. When we connect to that greatness and share who we are with one another the world we live in spirals forward and upward affecting everyone we meet. Life is good! Her specialties are: Counseling, Coaching, Public Speaking, Fundraising, and Facilitating groups.

Currently Rev. Susan is a Staff Minister with No Ho Arts Center for New Thought, a Center for Spiritual Living founded by Rev. James Mellon. Her joy is to be available for the congregation and facilitate the Women's Group. She loves to sing under the direction of Master Music Director Rev. Doug Lebow with the Namaste choir, and facilitates a workshop titled, TAME the BEAST! dealing with aspects of behavior we can recognize and eliminate!

It will be a pleasure to meet with and learn from Rev. Susan.

## Paulette Jones - July 27

Transforming seemingly complex and highly technical information into meaningful stories is the magic Paulette Jones uses to touch hearts and change lives. Engaging participants in soaring imagery, the mysterious becomes familiar and the familiar becomes mysterious.

A student of Theatre Arts, Paulette has coached actors, performed on stage, in motion pictures and on television. Switching from the arts to the sciences, she then went on to earn both a B.S. in Computer Science and an MBA. She has held a variety of senior management positions in the technology industry.

In addition to her public speaking career, Paulette serves as the President and Chief Technology Officer of Creative Web Dreams, an internet consulting, web development and marketing company. Paulette is a long time member of MENSA International.

Join us Sunday, July 27 for a magical adventure with a talented and engaging speaker.

## Rev. Tricia Klink - August 24

Tricia Klink is currently Staff Minister at the Center for Spiritual Living, Los Angeles. She was the founding minister at Bellevue, Washington for three years, and then Senior Minister at the Fillmore Church of Religious Science.

As a student of many interests, Rev. Tricia considers herself a lifetime learner. Her most recent project is learning to play keyboard. She enjoys speaking, reading, performing ceremonies of life: weddings, memorials, baby blessings, being with friends and every so often, a silent retreat at Big Sur. Her daily purpose is to express love, joy, and harmony. She has three children, seven grandchildren, and two great grandchildren.

We look forward to receiving her nurturing, educational and inspiring message.

## Rev. Paul Braden - August 17 & 31

Paul Braden is a Science of Mind Minister who we have welcomed to Glendale several times over the past few months. He has been a Science of Mind practitioner for ten years and a Science of Mind Minister for the last seven.

Rev. Paul has been using and teaching these principles all of his life and knows that there truly is only ONE power in the universe; it is greater than he is and he "can" and does use it. He has studied many philosophies, and connects strongly with the Native American through his love of nature and God's great outdoors. With the "Shadow-land Foundation he works for the preservation of wolves in the wild.

As a life and career coach he weighs in with 35 years' experience. He gives others a way to believe in themselves and to direct the creative power of thought. He knows and understands everyone needs confidence and a healthy self image vital to our inner well-being.

Paul's fundamental philosophy is the Empowerment of the Individual; he believes in ABUNDANCE and PROSPERITY as a WAY of life, not its PURSUIT.

His joy in sharing his philosophy is evident in his enthusiastic and inspiring talks.